

Appliqué Tutorials

1. HeatnBond Light

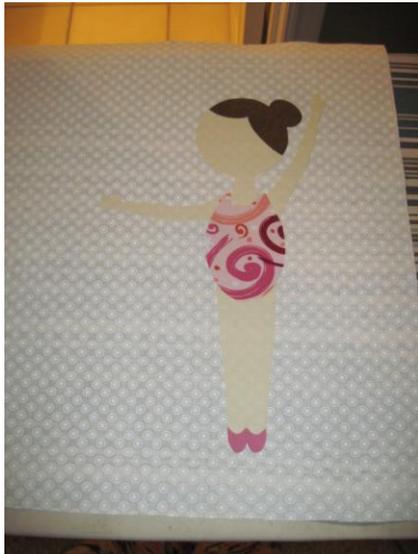
- a. Draw the appliqué design reversed onto the paper side of the HeatnBond Light (unless the pattern is made for this type of appliqué method like our First Position Ballerinas)



- b. Iron the designs onto the reverse side of the fabric



- c. Cut out the designs
- d. Remove the backing paper and iron the appliqué pieces onto your quilt square



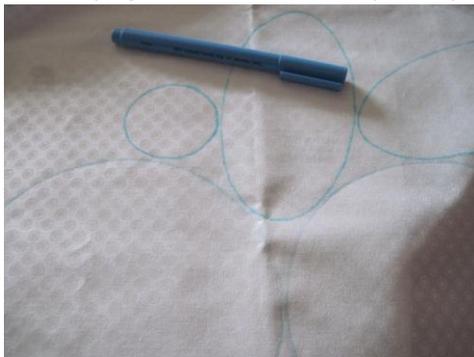
- e. If there are multiple pieces to the appliqué, I like to iron them all onto my appliqué pressing sheet so that I can transfer them to the quilt as one piece



- f. Sew the appliqué as desired, I prefer a blanket stitch but have also used other methods, even a decorative stitch



- i. Blanket stitch
 - ii. Zigzag or Satin Stitch
 - iii. Raw Edge - Straight stitch sewn just inside the appliqué piece, usually 1/8" or 1/4" in from the edge
- g. This is a great method for beginners, it's simple and holds the appliqué in place very well
- h. It is also great for smaller pieces
- i. It can make the appliqué a little stiff, multiple layers or large appliqué pieces can increase the stiffness of your quilt
2. Fusible Thread
- a. I was just recently introduced to fusible thread and it has changed to be my favorite appliqué method
 - b. Fusible thread is used in the bobbin with regular thread on top
 - c. Trace the appliqué design onto the fabric using a washable or disappearing ink fabric marker
 - i. I use my light board for this, especially for darker fabrics



- d. You can also cut the design out and use it as a pattern to cut out the appliqué pieces
 - i. This is the method I used for Mums the Word

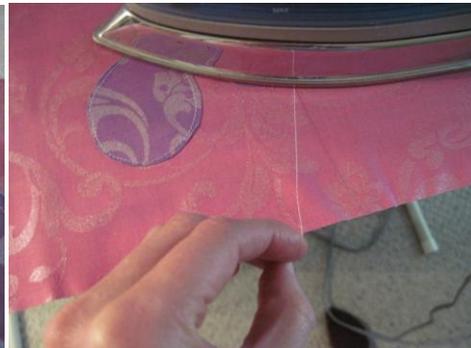
- e. Cut out the design from the fabric
 - i. If the piece is small, I suggest completing the stitching before you cut it out. It will make it easier to work with. For this, make sure that you trace the design onto the right side of the fabric.
- f. Stitch around the design as close to the edge as you can with the fusible thread in your bobbin



- i. I try to stay within 1/8" of an inch from the edge, but haven't had any issues when I've gotten closer to 1/4" of an inch from the edge
- g. You can also stitch the thread onto the pieces prior to cutting them all out, just remember to trace the pattern onto the right side of the fabric for this method
- h. Iron the pattern onto the quilt, I like to lay the pattern out to make sure that everything lines up correctly before ironing



- i. The heat of the iron will warm the bobbin thread and fuse the appliqué fabric to the quilt. It will also release the top thread from the right side of the appliqué. You will need to coax the top thread off a little while it is still hot, be careful not to burn your fingers. Once you coax it off, you can just pull it completely off while the iron is pressed onto the piece



- i. Sew the appliqué as desired
 - i. Blanket stitch
 - ii. Zigzag or Satin Stitch
 - iii. Raw Edge - Straight stitch sewn just inside the appliqué piece, usually 1/8" or 1/4" in from the edge
 - j. This is a great method for multiple appliqués or layers because it will not make your quilt bulky at all
 - k. Not the best method for large appliqués. It's hard to get it ironed on completely flat when you are working with a large piece since the fusing is only on the outside edge of the appliqué.
3. Washable Glue Stick
- a. I know, you're thinking what in the world is she talking about, but this does actually work. I like the kind that start out purple and turn clear when they dry.
 - b. Lay the appliqué out onto the quilt
 - c. Turn the edges of the appliqué over and apply the glue onto the back then press back onto the quilt fabric. You can do this in sections.
 - d. Sew the appliqué as desired
 - i. Blanket stitch
 - ii. Zigzag or Satin Stitch
 - iii. Raw Edge - Straight stitch sewn just inside the appliqué piece, usually 1/8" or 1/4" in from the edge
 - e. This is great for large appliqué pieces because it gives you the flexibility to make sure that it is attached the way you want it. I used it on a quilt where the majority of the quilt was one large appliqué.